

Welcome to the Clerc Center Webinar: Shared Power

We will begin at 3:30 EST

The webinar will be presented in ASL with English voice over.

The CART Captioning website can be found at :

For technical assistance during the webinar post a question to the host in the chat window or contact:
training.clerccenter@gallaudet.edu

Shared Power

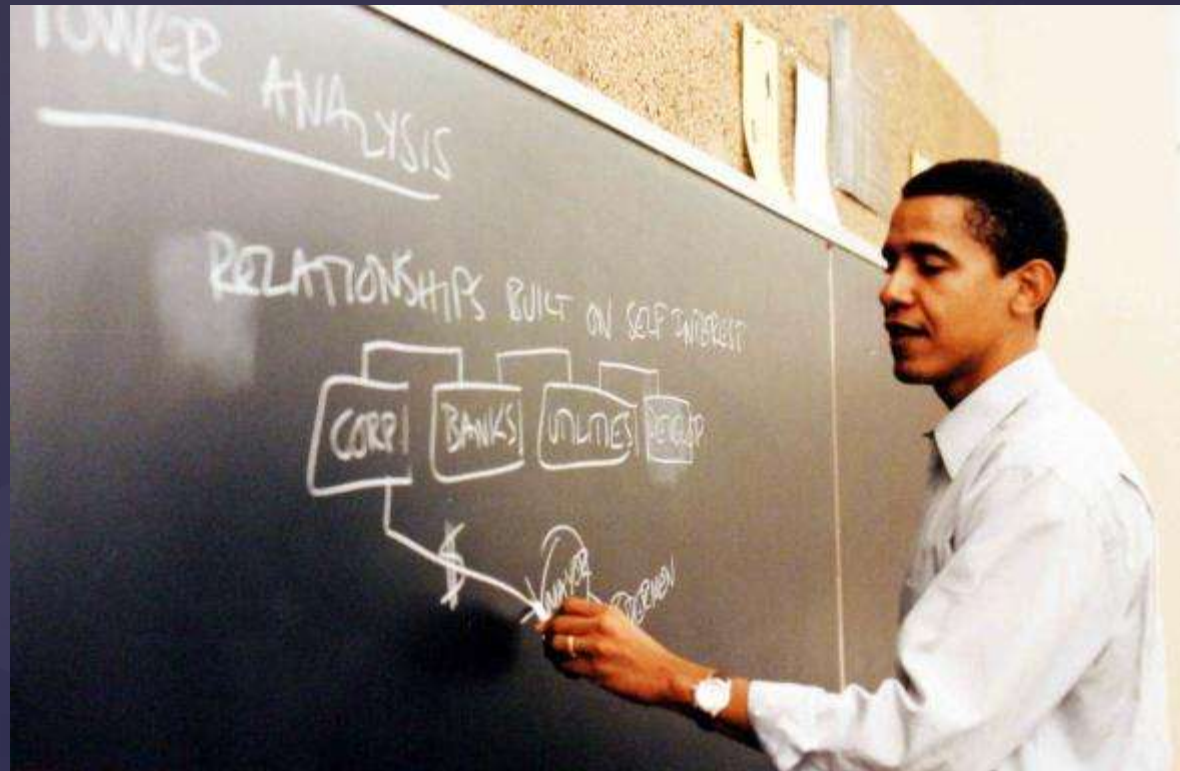


Practical Solutions
for Power
Struggles with
Deaf/Hard of
Hearing Children

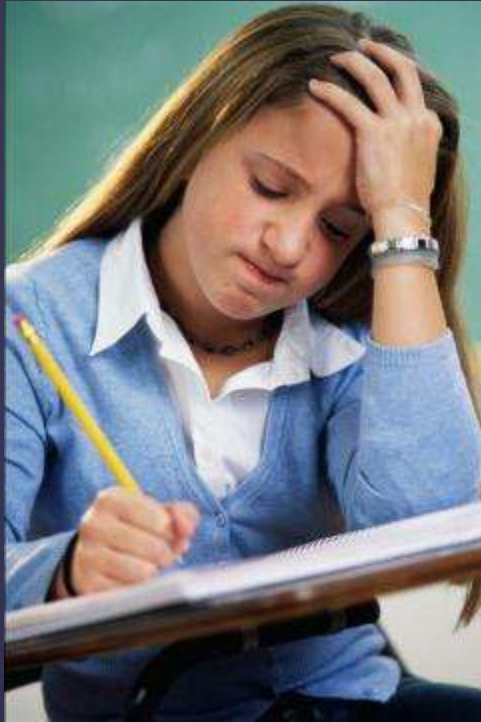
By Robert Whitaker, Psy.S.,
NCSP, ABSNP



Schools are rich
environments
that promote
learning.



It can be a place where confident students can shine.



For others it can be anxious and frustrating.



Some students use opposition to mask their anxieties or frustrations.



Deaf/Hard of
Hearing students
can experience
increased
frustration for a
variety of reasons.

- Communication barriers
- Accessibility limitations



If the opposition and the reasons for it are not addressed they can result in a power struggle.



- What is a Classic Power Struggle?
- How do you know you're in a Power Struggle?
- What can you do to avoid a power struggle?
 - De-escalation
 - Resolution



The *Classic* Power Struggle

What is a Power Struggle?

“Two people engaged in a struggle for dominance, each equally committed to winning”



The Truth About Power Struggles



Each person
goes to
increasingly
greater lengths
to “win”



Severely damages the relationship



The result:

- Resentment
- Anger
- Loss of respect
- Loss of trust
- Humiliation

The *Classic* Power Struggle

How do you
know you're in a
power struggle?



You might be in a power struggle if...

CAUTION

**You need to
“win”**

You might be in a power struggle if...

CAUTION

You get
“louder”

You might be in a power struggle if...

CAUTION

**You solicit
support**

You might be in a power struggle if...

CAUTION

**You up the
punishment**

You might be in a power struggle if...

CAUTION

**You pull rank
unnecessarily**

You might be in a power struggle if...

CAUTION

**You “hit below
the belt”**

You might be in a power struggle if...

CAUTION

**You use
absolutes**

You might be in a power struggle if...

CAUTION

**You bring up
old business**

You might be in a power struggle if...

CAUTION

**You give 100
rationales**

You might be in a power struggle if...

CAUTION

**You need to
have the last
word**

The *Classic* Power Struggle

What can you
do to avoid a
power struggle?



De-escalation Strategies

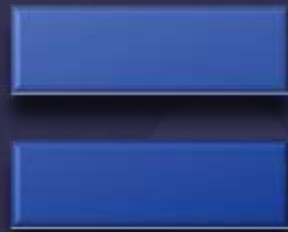




Access – Deaf/Hard of Hearing students with access to their environment display more positive behavior

Access choices = Behavioral results

- ASL
- Visual
- Technology
- Amplification
- Augmentation



- Trust
- Safety
- Predictability
- Problem Solving

Access

Use familiar
communication
with the student.





Predictability

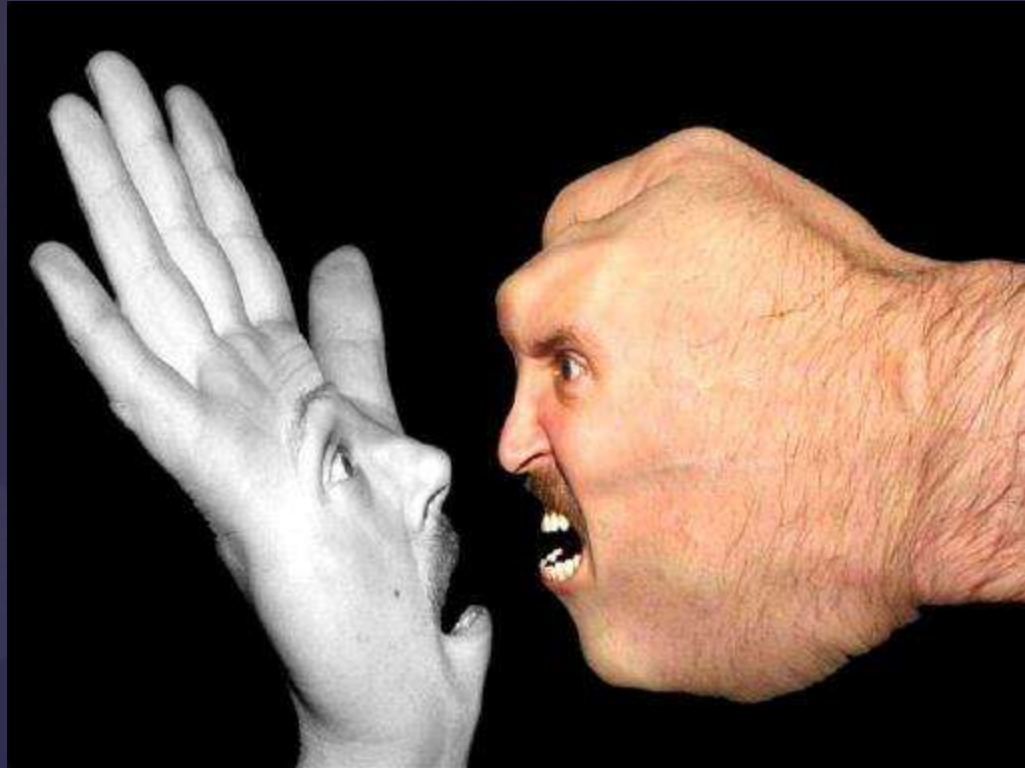
Being able to predict your environment reduces anxiety.



Model the behavior you want to see



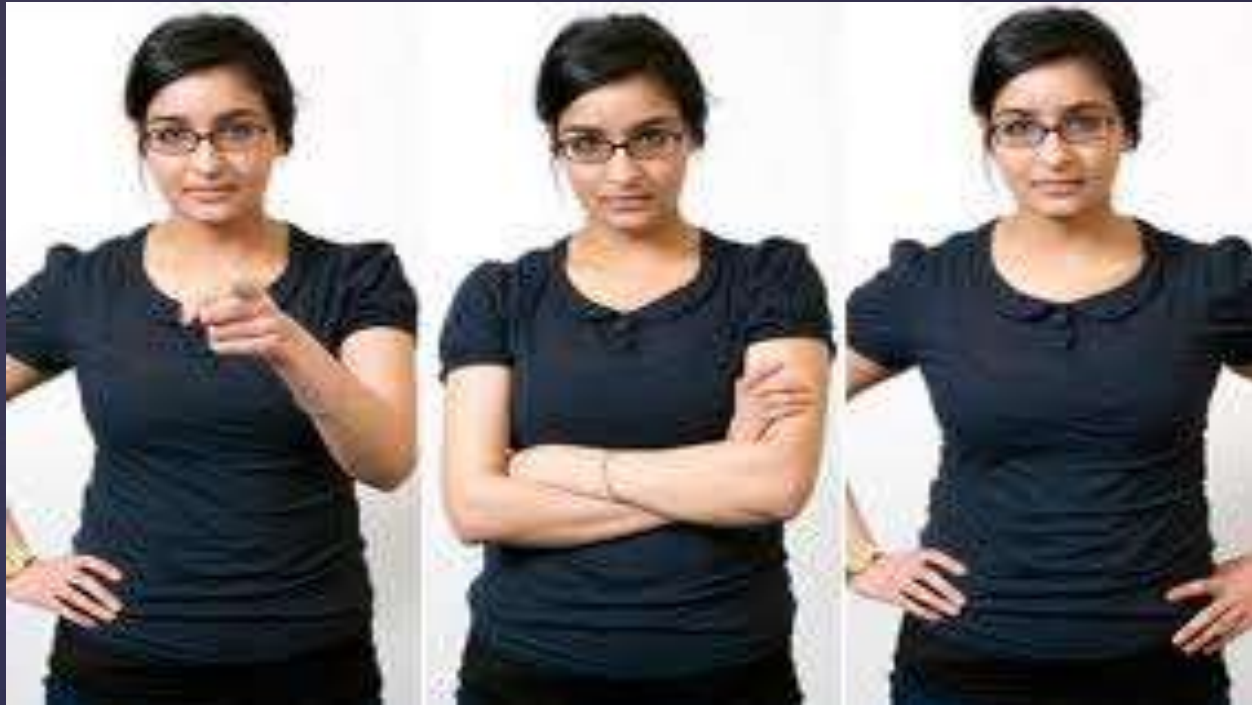
Communicate respectfully.
Use respectful signs.



Respect Personal Space.



Use appropriate facial expressions.



Body Language - Defensive postures make us un-approachable



Practice
Rational Detachment!

Deflect -
Change
direction.



Distract – shift the focus to
reduce the tension.





Remove yourself from the
potential power struggle



Allow
students
to calm
themselves
and avoid
irrational
behaviors.



Results in less disruption to the class



Allows student to 'save face'

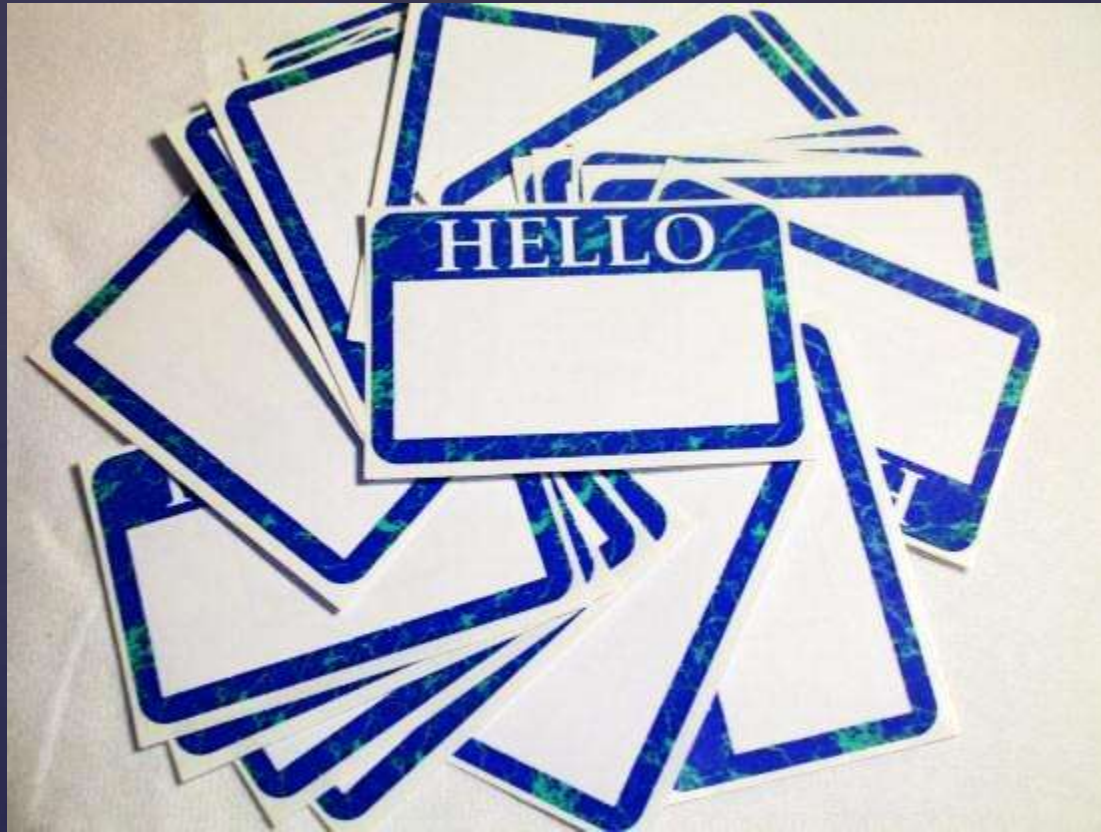


Now that the fire is out...

Resolution Strategies



Name the problem



Delineate Wants from Needs



What do you want?



What do you need?



Share the Power



Giving a child the opportunity to choose gives them a sense of control.



Offer a couple choices, not several.



Keep choices reasonable.



Be flexible.



The result: confident deaf and hard of hearing children



Any Questions?

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